



# **BASILDON & PHOENIX** **CLUB RECORDS - MALE**



<b>EVENT</b>	<b>SWIMMER</b>	<b>AGE</b>	<b>TIME</b>	<b>YEAR</b>	<b>VENUE</b>
50 Metres Backstroke	<b>Michael Grace</b>	17	29.39	<b>2011</b>	Southend
50 Metres Breaststroke	<b>Richard Wood</b>	43	34.62	<b>2010</b>	Newmarket
50 Metres Butterfly	<b>Joshua Inwood</b>	15	28.49	<b>2011</b>	Braintree
50 Metres Freestyle	<b>Mark Spiller</b>	25	24.90	<b>2010</b>	Newmarket
100 Metres Backstroke	<b>Joshua Inwood</b>	15	1:01.68	<b>2011</b>	Sheffield
100 Metres Breaststroke	<b>Michael Grace</b>	17	1:14.92	<b>2010</b>	Enfield
100 Metres Butterfly	<b>Michael Grace</b>	17	1:02.13	<b>2011</b>	Braintree
100 Metres Freestyle	<b>Michael Grace</b>	17	53.96	<b>2011</b>	Braintree
200 Metres Backstroke	<b>Michael Grace</b>	17	2:13.54	<b>2011</b>	Southend
200 Metres Breaststroke	<b>Bradley Clarke</b>	15	2:38.34	<b>2011</b>	Blackshots
200 Metres Butterfly	<b>Josh Inwood</b>	15	2:18.76	<b>2011</b>	Blackshots
200 Metres Freestyle	<b>Michael Grace</b>	17	1:57.48	<b>2011</b>	Southend
100 Individual Medley	<b>Michael Grace</b>	18	1:05.37	<b>2011</b>	Basildon Sporting Village
200 Individual Medley	<b>Michael Grace</b>	17	2:17.24	<b>2010</b>	Enfield
400 Individual Medley	<b>Michael Grace</b>	17	4:48.83	<b>2010</b>	Braintree
400 Metres Freestyle	<b>Michael Grace</b>	17	4:11.69	<b>2010</b>	Blackshots
800 Metres Freestyle					
1500 Metres Freestyle	<b>Michael Grace</b>	17	17:40.34	<b>2011</b>	Southend

**No. of records held:** Michael Grace = 11, Joshua Inwood = 3, Bradley Clarke = 1 ,  
Richard Wood = 1, Mark Spiller = 1,  
(orange font = new record set within past 12 months)