

CANVEY ISLAND SWIMMING CLUB
4th ANNUAL WINTER OPEN MEET
Saturday 3rd and Sunday 4th December 2011

License: Level 3 – 3ER1519

Basildon Sporting Village, Cranes Farm Road, Gloucester Park,
 Basildon, Essex

Saturday, 3rd December			
Session One		Session Two	
Start Time: 1.30pm	Warm Up: 12.30pm	Start Time : TBA	Warm Up: TBA

1	Girls	400m Freestyle	9	Girls	100m Freestyle
2	Boys	400m Individual Medley	10	Boys	200m Breaststoke
3	Girls	100m Individual Medley	11	Girls	200m I.M.
4	Boys	50m Breaststroke	12	Boys	50m Backstroke
5	Girls	200m Backstoke	13	Girls	100m Breaststoke
6	Boys	100m Fly	14	Boys	100m Individual Medley
7	Girls	50m Fly	15	Girls	100m Fly
8	Boys	200m Freestyle	16	Boys	50m Freestyle

Sunday 4th December			
Session Three		Session Four	
Start Time: 1.30pm	Warm Up: 12.30pm	Start Time: TBA	Warm Up: TBA

17	Girls	400m Individual Medley	25	Girls	50m Backstroke
18	Boys	400m Freestyle	26	Boys	200m Fly
19	Girls	50m Breaststoke	27	Girls	100m Backstroke
20	Boys	100m Backstroke	28	Boys	100m Breaststroke
21	Girls	200m Freestyle	29	Girls	50m Freestyle
22	Boys	50m Fly	30	Boys	100m Freestyle
23	Girls	200m Breaststoke	31	Girls	200m Fly
24	Boys	200m Individual Medley	32	Boys	200m Backstroke

Canvey Island Swimming Club
Winter Open Meet
Saturday 3rd / Sunday 4th December 2011
Basildon Sporting Village, Gloucester Park, Basildon, Essex
(Under ASA Laws and Technical Rules)

RULES AND CONDITIONS

- 1. 1.** This gala will take place at Basildon Sporting Village, and will run short course (25m). It will be run in accordance with A.S.A. Laws and Technical Rules and the rules and conditions of this competition.
- 2.** Ages are as at Midnight 4th December 2011.

Age bands for all 50m events and 100m/200m I.M. events are: 9, 10, 11, 12, 13, 14 and 15+

Age bands for all 100m events are: 9, 10, 11, 12, 13, 14 and 15+

Age bands for 200m events are: 9/10, 11/12, 13/14 and 15+

Age bands for 400m events are: 10, 11/12, 13/14 and 15+

- 3.** All events are Head Declared Winner. Awards will be given to the top six swimmers in all age band events.
- 4.** The closing date is **MIDNIGHT FRIDAY 4th November 2011**
- 5.** The entry fee is £4.50 for each event and £5.50 for each 400m event . **ALL CHEQUES TO BE MADE PAYABLE TO CANVEY ISLAND SWIMMING CLUB. ONLY ONE CHEQUE PER CLUB WILL BE ACCEPTED.** Entries must be made on the forms provided (photocopies will be accepted) or through HY-TEK Meet manager lite software; all information must be legible (block caps please). Incomplete, illegible entries or those without the correct entry fees will not be accepted. All entries, along with the summary form, coach pass form and cheque to be sent to: Tina Packman. Canvey Island Open

Meet. 54, Papenburg Road, Canvey Island, Essex SS8 9NZ. Entries will not be considered completed until funds have been received for all swims.

- 6.** In order to assist with the smooth running of the meet, entries may be restricted; any entry not accepted will be refunded in full. **NO OTHER MONIES WILL BE REFUNDED.** All swimmers must be members of a club affiliated to the A.S.A.
- 7.** All entries will be taken on a first come, first served basis and must be within the qualifying times advised. All sessions will last no longer than 3 ½ hours.
- 8.** Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
- 9.** All swimmers including those aged 9 must be registered with the A.S.A. and have their cards available should they be required.
- 10.** Cards will not be issued for this meet.
- 11.** The pool will be cleared 5 minutes before the start of the session.
- 12.** A swim down pool will be available. However, all swimmers **MUST** be supervised by coaches or accredited poolside helpers at all times or this facility will be withdrawn.
- 13.** Coach's passes will be issued at the cost of £10 per day or £15 for the weekend and will allow admittance to poolside for all sessions and lunch, tea, coffee and biscuits and a program. Entry to poolside will not be permitted without a pass. Results will be available on poolside and on the club website as soon as practicable after the event. Please note: If a hard copy of the results are required please provide a Stamped addressed envelope with £1 postage.
- 14.** There will be a swim shop present.

- 15.** Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Meet Management or the Promoters.
- 16.** All participants must observe the safety precautions in operation at Impulse Leisure Centre and each club must ensure that they have sufficient poolside accreditation of their athletes at the recommended ration of 1:10 to maintain adequate supervision. This will be strictly adhered to and clubs must ensure that the appropriate number of coaches are present.
- 17.** Neither the Meet Management, the Promoters or Canvey Island Swimming Club will be responsible for any loss or damage occurring during this Meet.
- 18.** The Meet Manager is Shaun Packman. The meet is promoted by Canvey Island Swimming Club. For any further information please telephone Shaun on 01268 694910 or e-mail shaunpackman@blueyonder.co.uk
