



PHOENIX S.C.

(BASILDON)

Affiliated to A.S.A – East Region



Essex County Championships 2010 Relay Teams 23rd and 24th January

The following swimmers have been selected to represent the Club as part of the relay teams at the 2010 Essex County Championships at Blackshots Swimming Pool, Grays.

Girls - Saturday 23rd January

AM

Girls 16yrs and Under 4 x 50m Medley

PHOENIX 'A'

Maisie WEST Rebecca ASHER Kathryn PEARSE Samantha MULLENDER

PM

Girls 16yrs and Under 4 x 50m Freestyle

PHOENIX 'A'

Samantha MULLENDER Kathryn PEARSE Keri STROUD Felicity LEIGH-HUDSON

PHOENIX 'B'

Maisie WEST Rebecca ASHER Poppy WARNER Caroline MELLOR

Boys - Sunday 24th January

AM

Boys 16yrs and Under 4 x 50m Medley

PHOENIX 'A'

Jamie TOMLINSON Jack BYFIELD Michael GRACE James PATON

PM

Boys 16yrs and Under 4 x 50m Freestyle

PHOENIX 'A'

Michael GRACE Jack BYFIELD Jamie TOMLINSON James PATON

PHOENIX 'B'

Thomas HEAD Harvey BROWN Lewis COOPER Patrick ROURKE

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