



**Canvey Island Swimming Club  
SUMMER SPRINT MEET 2011**



**Level Three License: 3ER1308**

**Impulse Leisure Centre**  
Blackshots Lane, Grays, Essex RM16 2JU

on  
**Saturday 18<sup>th</sup> June 2011**

Closing date Friday 20<sup>th</sup> May 2011

<b>Session One</b>	<b>Warm Up 8.30am</b>	<b>Start 9.45am</b>
<b>Event 1</b>	<b>Female</b>	<b>50m Free</b>
<b>Event 2</b>	<b>Male</b>	<b>50m Back</b>
<b>Event 3</b>	<b>Female</b>	<b>100m I.M</b>
<b>Event 4</b>	<b>Male</b>	<b>50m Fly</b>
<b>Event 5</b>	<b>Female</b>	<b>50m Breast</b>
<b>Event 6</b>	<b>Team</b>	<b>Squadron Relay</b>
<b>Session Two</b>	<b>Warm Up 1.00pm</b>	<b>Start 2.15pm</b>
<b>Event 7</b>	<b>Male</b>	<b>50m Free</b>
<b>Event 8</b>	<b>Female</b>	<b>50m Back</b>
<b>Event 9</b>	<b>Male</b>	<b>100m I.M.</b>
<b>Event 10</b>	<b>Female</b>	<b>50m Fly</b>
<b>Event 11</b>	<b>Male</b>	<b>50m Breast</b>
<b>Event 12</b>	<b>Mixed</b>	<b>50m Free Skins</b>

**Medals will be awarded to Top Six competitors from each age group**

**Trophy for Top Team**

**£20.00 Cash Prize for Individual Skins Winners**

**Canvey Island Swimming Club**  
**Summer Sprint Meet**  
**Saturday 18<sup>th</sup> June 2011**  
**Level Three License: 3ER1308**

**Impulse Leisure Centre, Blackshots Lane, Grays, Essex RM16 2JU**  
**(Under ASA Laws and Technical Rules)**

**RULES AND CONDITIONS**

1. This gala will take place at Impulse Leisure Centre, and will run short course (25m). It will be run in accordance with A.S.A. Laws and Technical Rules and the rules and conditions of this competition.
2. Ages are as at Midnight 18<sup>th</sup> June 2011. Age bands are 9,10,11,12,13,14 plus.
3. All events are Head Declared Winner. Awards will be given to the top three swimmers in all age band events and a Top Boy and Girl in each age group. Points will be awarded for heat placing and an award will be presented to the Club with the most points.
4. Squadron Freestyle Relay Team entry is free. Teams will consist of one girl and one boy from each age group. The age groups are 11/u, 13/u, 15/u, open, and will be swum in ascending age order alternating girls then boys.
5. The closing date is MIDNIGHT Friday 20<sup>th</sup> May 2011
6. The entry fee is £4.50 for each event. ALL CHEQUES TO BE MADE PAYABLE TO CANVEY ISLAND SWIMMING CLUB. ONLY ONE CHEQUE PER CLUB WILL BE ACCEPTED. Entries must be made on the forms provided (photocopies will be accepted) or through HY-TEK Meet manager lite software; all information must be legible (block caps please). Incomplete, illegible entries or those without the correct entry fees will not be accepted. All entries, along with the summary form, coach pass form and cheque to be sent to: Tina Packman. Canvey Island Open Meet. 54 Papenburg Road, Canvey Island, Essex SS8 9NZ.
7. In order to assist with the smooth running of the meet, entries may be restricted; any entry not accepted will be refunded in full. NO OTHER MONIES WILL BE REFUNDED. All swimmers must be members of a club affiliated to the A.S.A.
8. All entries will be taken on a first come, first served basis. Entries must be forwarded electronically using Team Manager (or TM Lite) unless clubs are competing with six swimmers or less. (Please note that TM Lite is free to download and is available via the Canvey Island Swimming Club Website.)
9. All sessions will last no longer than 3 hours.
10. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
11. All swimmers including those aged 9 must be registered with the A.S.A. and have their cards available should they be required.
12. Cards will be not be issued for this meet. Swimmers will be required to sign-in prior to each session.
13. The pool will be cleared 5 minutes before the start of the session.
14. Coach's passes will be issued at the cost of £10 each and will allow admittance to poolside for all sessions, lunch, tea, coffee and biscuits and a meet program. Entry to poolside will not be permitted without a pass.

Results will be available on poolside and on the club website as soon as practicable after the event. Please note: If a hard copy of the results are required please provide a Stamped addressed envelope with £1 postage.

15. There will be a swim shop

16. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Meet Management or the Promoters.

17. All participants must observe the safety precautions in operation at Impulse Leisure Centre and each club must ensure that they have sufficient poolside accreditation of their athletes at the recommended ration of 1:10 to maintain adequate supervision. This will be strictly adhered to and clubs must ensure that the appropriate number of coaches are present.

18. Neither the Meet Management, the Promoters or Canvey Island Swimming Club will be responsible for any loss or damage occurring during this Meet.

19. Rules for Skins Event

1. The fastest six swimmers in the 50 metres Freestyle events will qualify for the Skins Final. Two Reserves will be allocated in the same way as finalists. In order to ensure that all lanes are occupied, swimmers (including reserves) should notify the Meet Manager within 20 minutes of the results being posted of their intention to withdraw from the Skins Final.
2. The Skins Event will be a continuous competition commencing with 6 competitors and over a continuous series of races over a distance of 50 metres with girls skins competition being immediately followed by the boys for each individual round. One or more competitors will be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 2 minutes from the start of the previous race, a warning signal being given 10 second prior to the start of each round.
3. Swimmers will be spearheaded for the first round in accordance with the times achieved in the 50m Freestyle heats, with the fastest qualifying swimmer occupying Lane 3. Swimmers will remain in their allocated lane until the final round when the two remaining swimmers will swim in lanes 3 and 4, the faster of the two swimmers from the heats occupying Lane 4 and the other swimmer occupying Lane 5.
4. The starting sequence in the first round will be in accordance with the FINA Swimming Rules.
5. Subsequent rounds will start at the starting end of the pool following an interval of 2 minutes from the previous Start. A warning whistle will be blown 10 seconds prior to the starting signal being sounded. No verbal warning commands will be given. Competitors' feet must be in contact with the starting platform when the start signal is given. The starting signal will not be delayed in the event that a swimmer is missing or is delayed for any other reason. In the event of a failure of the starting signal, this will be replaced with a shout of "Go" from the starter.
6. Any swimmer not available at the start or performing a false start will be disqualified.
7. In all race swimmers are required to comply with the FINA Swimming Rules regarding stroke and finish conditions. Failure to do so will lead to elimination by disqualification. Any competitor so eliminated will receive any prize money won to that time including the round in which eliminated.
8. The AOE will be used to determine the finishing order. The slowest swimmer will be eliminated in each round. In the event of a failure of the AOE the manual placings will be used. In the event that one or more swimmers have been disqualified for a false start or other infringement of the ASA Racing Technical Rules then the slowest swimmer will not be eliminated. Should AOE be used the Referee shall determine whether it operated correctly.
9. In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer, all affected swimmers are eliminated and the accumulated prize money for the positions divided equally between the relevant swimmers.
10. Should for any reason the competition have to be halted before its conclusion it shall restart with a re-swim of the round halted, or subsequent round if halted following the correct completion of a round. The start of the recommencement of the competition will be in accordance with ASA ruling.

20. The Meet Manager is Shaun Packman. The meet is promoted by Canvey Island Swimming Club. For any further information please telephone Shaun on 01268 694910 or e-mail [shaunpackman@blueyonder.co.uk](mailto:shaunpackman@blueyonder.co.uk)

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