



PHOENIX S.C. (Basildon)



NEWSLETTER – December 2008



A very big thank you goes to **Debbie Pearse** for all the hard work she has done over so many years. As she is now standing down, her many roles are going to be managed as follows:-

Linda Mellor - Club Kit
Dawn Harris/Deborah Brown - Club Shop
Lisa Jerome/Carla Marshall - Club Membership
Carla Marshall - ASA Membership
Helen Hart - Workforce Coordinator
Sarah Munro - Club Newsletter

Fundraiser required

We are also looking for someone to help us with fundraising for the club.

If you would like to join our wonderfully friendly and talented team please speak to Tina Diprose or Deb Mann!

Message from Jon

Phoenix and its competitive swimmers have enjoyed great success over the past few months competing at galas both in and out of the County. All of the results can be found on the notice board or on the website. A brief summary of some of the successes is:

Phoenix achieved Top Club at the recent Borough of Southend Swimming Club Open; Top Visiting Club at the West Suffolk Distance Gala; 24 swimmers achieving 2009 Essex County Championship Qualifying Times; 5 swimmers achieving East Regional Championship Qualification Times; and all swimmers competing achieving personal best times in more than two events.

There is not enough room within this issue to report on everyone's individual success but well done to all swimmers - you have done yourselves and the Club proud.

DIARY DATES

Essex League Division 1
10 January – Round 3
21 March – Round 4

Essex Counties
Block A - 24/25 January
Block B - 14/15 February
Block C - 7/8 March
Block D - 28/29 March

Barnet Cophall Sprint Meet
8th Feb - Barnet Cophall Pool

East Region Age Group Championships 2009
Youth: 2/3/4 May
BAGCAT: 6/7 & 13/14 June
University of East Anglia Pool, Norwich

Please note that we are using e-mail now for communication and it is imperative that you check it on a regular basis and advise us immediately of any changes to your e-mail address.



Congratulations for passing courses goes to:-

- **Alex Stewart** Level 2 Teaching
- **Roxanne Mills** Lifeguard and Level 1 Teaching
- **Nicole Pearse & Jenny Harms** Level 1 Teaching

And congratulations also go to:

Harvey Brown, Michael Grace and Ben Lammin for County Training Camp selection

Well done to you all!

Sunday morning swimming at Billericay Pool

Please note that **Sundays 6-8am session** will now be at **Gloucester Park** as from January 2009 instead of at Billericay pool. Tuesday and Wednesday early morning sessions are to remain unchanged.

Christmas Opening Times

Fun session – Friday 19th December –
(session times as normal)

Last session before Christmas –
Wednesday 24th December - AM only

Friday 2nd January – Back to normal
(excluding land training which starts back Wednesday 7th January)



Jack Petchey Award

Congratulations to Michael Grace and Lily Mann who were both recently presented with Achievement awards and £300 each to spend on club items.



Could parents collect their children's **ASA membership cards** from Carla Marshall at the desk on Friday please.

Training Camp – Turkey 2008

The Turkey Training Camp in October half term proved to be a big success.

We are planning to start preparing for next year – help with fundraising and sponsors for this project required. If you can help in any way possible, please talk to Jon – thank you.

Land Training gets off to good start

We are pleased to report that this new initiative is working well and that the swimmers are enjoying these extra sessions at Pitsea Leisure Centre and at David Lloyd on Wednesday and Friday evenings respectively.

Please speak to Deb Mann if you have any questions or queries regarding land training.

100 Club - we need your support!

All it costs is **£1 per month** for one number, £2 for two numbers etc.

Please see Dawn Harris or Sue Mullender to purchase your number. Be quick – your favourite number(s) may be taken soon!

Winners last month (November)

- 1st Dawn Harris
- 2nd Alan Twine
- 3rd Chris Byfield

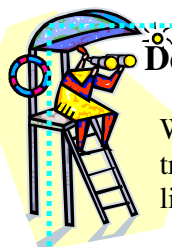


Please, please, please remember to pick up all your kit after a gala – the coaches can no longer go picking up stuff left on poolside, changing rooms, etc – **we do not provide a lost property service!**

Swim School new hat policy to start soon.

Different colour swim hats are to be worn dependent on level of ability.

Don't forget to order all your **club kit**, from **Linda Mellor**, eg tracksuits which will have the swimmer's name embroidered on it.



Desperately seeking lifeguards!

We need volunteers to undertake a training course to become qualified lifeguards in the New Year.

Please see Jon or Deb Mann if you are interested.

Christmas Raffle

Look out for our super Christmas raffle. We have a wonderful selection of prizes already, but if you have anything you would like to donate, please see Tina Diprose or Deb Mann **as soon as possible**.

This will probably be drawn on **Friday 19th December**, so don't forget to buy your tickets soon an absolute bargain at **£1 per strip**.

Finally, we would like to wish you all a very Merry Christmas and a Happy New Year and hope you all have a fun and relaxing break !!!

www.phoenixbasildonsc.org

For all up to date information log on to the **Phoenix Website**.

If you have an e-mail address please register it at the Desk and set your system not to block e-mails from the Club. They are not spam!