



PHOENIX S.C. (Basildon)



NEWSLETTER – March 2010

Potential merger with Basildon & District Swimming Club

You will probably be aware of the recent announcement that Basildon & District Swimming Club and Phoenix Swimming Club have commenced initial discussions about a potential merger between our two clubs going forward into the new 50 metre pool. Before we proceed any further, it is necessary for us to call a Special General Meeting, for you the members to put your views and vote on the following resolution:

'It is proposed that the committee of Phoenix SC (Basildon) are authorised to enter into detailed discussions with the committee of Basildon & District SC to agree a path that will lead to a single merged club. The committee are empowered to make relevant decisions on behalf of Phoenix SC (Basildon).'

This meeting will take place on **Tuesday 20th April 2010 at 7.30pm** at The Pavilion behind Gloucester Park Pool, Basildon.

This meeting will be held jointly with members of Basildon & District SC. The Chairmen from both clubs, along with their respective committee members and Head Coaches, will be present to answer any questions. Each club will vote separately.

Final decisions to implement the merger will of course only be effective following agreement at formal General Meetings for each club, when further discussions have taken place and full details have been explored.

We would urge your attendance at this meeting as it is your club and its future that is being voted upon.

Easter

The Club will be open for all swimming and land training sessions over Easter apart from the evening session on Good Friday (April 2nd).

The Club would like to wish all swimmers, parents and carers a good Easter break.

Early exits

Please could all parents ensure that swimmers do not get out of the pool early and then proceed to come out of the changing rooms at normal time. This disrupts swimmers' training programmes and other swimmers in training.

**Win a prize in our Anti-Bullying Poster Competition
- see back page!**

CLUB RECORDS BROKEN

During the first part of this 2009-10 swimming season (September to January) the club has seen a total of 15 new club records set – eight by 16 year old **Michael Grace** and seven by 13 year old **Kathryn Pearse**. In addition, Kathryn has also equalled one existing record.

Michael now holds 11 of the 18 male records available and Kathryn holds 8 and shares 1 of the female records.

Many of those records broken recently include many long standing records – including 3 records previously held by one of our current coaches **Alex Stewart** since 2004 (200 backstroke) & 2005 (50m backstroke & 200 breaststroke).

During this early season period, there have also been a whole host – 49 in fact - of new 'age group' records set. This means they have posted the fastest times ever for any swimmer at their age. These are:

Girls:

9 year old **Brooke Frost** = 4 new age records
13 year old **Kathryn Pearse** = 10
16 year old **Samantha Mullender** = 13
16 year old **Chloe May** = 1
17 year old **Nicole Pearse** = 1

Boys:

10 year old **Lewis Cooper** 4
(plus 1 at age 11 as he has recently moved up to the 11 yr age group)
12 year old **Harvey Brown** = 1
13 year old **Thomas Head** = 1
14 year old **Jamie Tomlinson** = 1
15 year old **Jack Byfield** = 1
16 year old **Michael Grace** = 11

The breaking of such a high number of records shows that the club is going from strength to strength, with some of the fastest swimmers we have ever seen at the club!

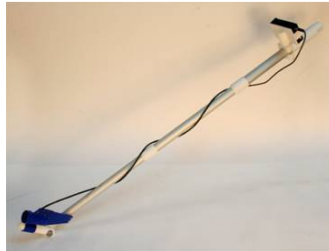
Full details of all records both overall and age group can be found on the club records page of the website.

Phoenix coaches go underwater!

As some of the more eagle-eyed spectators may have noticed, the club are now pleased to be in possession of a new 'Sharkeye' underwater camera. This has been purchased through the generous support of the Jack Petchey Foundation.

The camera will enable our coaches to record and examine the stroke and turn technique of individual swimmers, supporting our aim to develop good technique and promote best practice.

Although our code of conduct (which is signed by all parents /carers) allows photography of swimmers as 'a training aid at any swimming session, we wanted to inform you of this exciting development. Parents may view any images captured/saved at any time, with prior arrangement with Jon Pearse (head coach).



*Any further questions/ comments please contact the welfare officers: **Donna Asher** or **Sarah Munro** by email to welfare@phoenixbasildonsc.org*

Club Shop News – We're going online!

Some exciting news on the club shop. We are about to pilot a new online ordering facility for a number of club shop items (e.g. swimming costumes, goggles). When launched you will be able to order items online via our website and get them delivered to your door at no additional cost. Even better the club will still receive commission on all sales. We will still stock a number of items at the club desk on Friday night, but hopefully this will give you a chance to see a wider choice of items and view these at your leisure.

Watch the Phoenix website for the launch announcement!

Soaps for sale!!!

For an unusual gift, please see the novelty soaps on sale at the desk on Friday evenings. We can also take orders from the catalogue. For each item purchased the Club will receive 50p.

100 Club - we need your support!

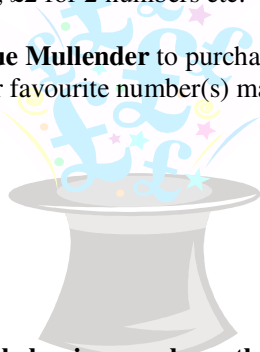
Numbers are now on sale for our 100 club. All it costs is **£1 per month** for 1 number, £2 for 2 numbers etc.

Please see **Dawn Harris** or **Sue Mullender** to purchase your number. Be quick – your favourite number(s) may be taken soon!

February winners

- 1st prize - Sue Mullender
- 2nd prize - Andy Butt
- 3rd prize - Deborah Brown

Remember – the more people buying numbers, the higher the cash prize will be!



www.phoenixbasildonsc.org

For all up to date information log on to the **Phoenix Website**.

We are using e-mail now for communication and it is imperative that you check it on a regular basis and advise us immediately of any changes to your e-mail address.

If you have an e-mail address please register it at the Desk and set your system not to block e-mails from the Club. They are not spam!

Please do not hesitate to contact our Welfare Officer, **Donna Asher** (mob. 07901 858461) or our Assistant Welfare Officer, **Sarah Munro** (mob. 07709941297) for any issues/concerns you have or e-mail welfare@phoenixbasildonsc.org.

COMPETITION

PRIZES TO BE WON!!!

Can you design an A4 poster to raise awareness of the need for safe and sensible behaviour in our changing rooms?

Read our 'code of conduct' and 'anti bullying policy' from the club website to help you

Entries to club desk by 23rd April or email copy to welfare@phoenixbasildonsc.org

www.phoenixbasildonsc.org

First prize will be: your poster on the next club newsletter, your poster displayed on club night and on our pool noticeboards, your poster displayed on the club website, a FREE pair of goggles plus various other surprise goodies!!!