



# PHOENIX S.C. (Basildon)

## NEWSLETTER – June 2009

### Club Membership Renewal now due

Club Membership Renewals are now due. Forms need to be completed, so please see Lisa Jerome (Club Membership Secretary) at the desk on Friday at Gloucester Park.

£28.00 for first child - £12 for other family members (under 16s).

### Car Park fund raiser

Special thanks to the following for making this day such a success. A grand total of **£311.34** was raised!

Linda & Caroline Mellor, Jo Edmunds, Clair West, Charlie & Jack Harris (they were there for the duration of the day!), Karen Allwood, Steven Silvester & Jasper, Lisa Jerome, Chris Byfield, Sue Grace, Tracy Caskie, Helen, Megan & Jemma Hart, Suzanne Leigh Hudson, Donna & Rebecca Asher, Jackie Spencer Damps, Kelly Stevens & Billy, Andrew, Angela & James Paton, Lily Mann, Sarah, Jennifer & Finlay Munro.

*Sorry if anyone has been missed out!*

### DIARY DATES

#### East Region Age Group Championships 2009

BAGCAT: 6/7 & 13/14 June  
University of East Anglia  
Pool, Norwich

AGM – Thursday July 9<sup>th</sup>  
8.00pm Pitsea Lesiure Centre

#### Club Championships

Friday 3<sup>rd</sup> & Friday 10<sup>th</sup> July  
Gloucester Park – 5-8pm.

#### REVISED DATE

#### Braintree Summer Sprint Meet

5<sup>th</sup> July - Braintree  
Swimming Centre

#### Norwich Open Water Championships

19<sup>th</sup> July - Whitlingham  
Lakes, Norwich

#### Summer Family BBQ

Sunday 19<sup>th</sup> July (Sunday  
training session will be  
moved to Gloucester Park  
from 7-8am to accommodate  
this) - last session before the  
Summer shut-down

#### National ASA Age Group Championships

22<sup>nd</sup> -26<sup>th</sup> July  
Sheffield

#### Summer Shut-down

Monday 20<sup>th</sup> July to Sunday  
2<sup>nd</sup> August (inclusive)

#### Ipswich Novice Season

Opener - 12/13<sup>th</sup> Sept –  
entries to be in by **Friday 26<sup>th</sup>  
June**

### Club Champs

The Club Championships will now be held on Friday 3<sup>rd</sup> and Friday 10<sup>th</sup> July. There will be **NO NORMAL** swimming sessions on these days.

All swimmers need to be poolside at 5.00 pm for warm up. The gala will commence at 5.30pm, with a prompt 8.00pm finish.

We hope you have entered as many events as you can. Club Champs are open to **ALL** swimmers – a great opportunity for Swim School members to enjoy their first gala in a fun, friendly and supportive atmosphere (and to impress the coaches!).

**If you can help on either or both nights,  
please speak to Deb Mann.**

### Beware of your belongings.....

Swimmers should not leave bags/shoes in changing rooms due to a couple of recent thefts at the Gloucester Park pool during the half term holidays (1<sup>st</sup> session).

### Fundraiser required

The Club is looking for someone to help with fundraising and sponsorship. If you would be interested please speak to Deb Mann.

### Family Fun Day

On Sunday 19<sup>th</sup> July we will be holding our annual Summer Family BBQ at the Bowers Sport & Social Club, Crown Avenue, Pitsea from 11-6pm. The Sunday afternoon swimming session will be held from 7-8am.

Tickets in advance are £15 for a family ticket/£5 per adult/£4 child or on the day £20 per family ticket/£7 adult/£4 child. The price includes BBQ food but we would be grateful if you could bring along an accompanying dish, ie salad or pasta. The club bar will be open.

There will be lots of activities including football, rounders, fun family games, etc.

**All are welcome, so please encourage friends & family to come along and support the Club at this fun event.**

Speak to Dawn on the desk on Friday nights or email [dawnharris29@hotmail.co.uk](mailto:dawnharris29@hotmail.co.uk) for tickets.



## Phoenix Fundamentals

**Aimed exclusively at our Swim School members!**

Our summer term brings many exciting opportunities for our Phoenix Fundamentals Swim School Swimmers. With the fast approaching end of term, it becomes a busy time with Term End Assessments (TEA's) and the fantastic opportunity to compete as a novice within the annual Club Championships.

Despite continual assessments throughout the term, TEA's are carried out to test the swimmers for their continuity and ability of stroke and remembrance of skill. Ordinarily we run the TEA's over two consecutive Fridays. However, due to Club Champs being run over two Fridays this year, the final assessments will be carried out on Friday 26<sup>th</sup> June 2009. Please ensure your swimmer attends this session as the result will determine which Stage and lane they will be swimming in next term.

Coloured hats to fall in line with the colours of the NPTS badges will be introduced from September and as your child progresses through the scheme and with the purchase of their earned certificate, the next coloured hat will be issued.

Please support and encourage your child to participate within the Club Champs. It is a fun introduction to racing against friends from their club and with every chance to win a medal from 1st to 6th place within their Novice category.

**Good luck to all our swimmers in their assessments and at Club Champs.**

*Marcel Warner (Head Teacher)*

## Adventure Island, Southend - half price tickets!!!



These are excellent value - see details attached to this Newsletter. Contact Linda Mellor at the desk on Fridays or telephone mob 07904 353512.

Big Adventure Wristbands ONLY £11 – usual peak price £22  
Junior Wristbands ONLY £7.50/Mini Wristbands – usual peak price £15/£10

**These are less than half price so tell all your friends & family, they can all take advantage of this fabulous offer too!**

*Please note that we must receive a minimum total of 100 Big Wristbands in order to qualify for this offer, so get ordering now and support the Club! Orders need to reach us by Friday 26<sup>th</sup> June to qualify.*

### Red Club T-Shirts

If your child has grown out of their red club t-shirts, we would be grateful if you could donate them to the Club so that these can be used eg at galas (for a first timer who has not yet purchased one) and/or land training. Thank you.

### 100 Club - we need your support!

All it costs is **£1 per month** for 1 number, £2 for 2 numbers etc.

Please see **Dawn Harris** or **Sue Mullender** to purchase your number. Be quick – your favourite number(s) may be taken soon!

#### April winners

1st prize Jon Pearse

2nd prize Andy Butt

3rd prize Chris Byfield



#### May winners

1st prize Chris Byfield

2nd prize Andy Butt

3rd prize Jon Pearse

**Remember – the more people buying numbers,  
the higher the cash prize will be!**

As well as our **Welfare Officer, Donna Asher** (mob. 07901 858461) we now have an Assistant Welfare Officer, Sarah Munro (mob. 07709941297). Please do not hesitate to contact either one of them for any issues/concerns you have or e-mail [welfare@phoenixbasildon.org](mailto:welfare@phoenixbasildon.org).

### [www.phoenixbasildon.org](http://www.phoenixbasildon.org)

For all up to date information log on to the **Phoenix Website**.

*We are using e-mail now for communication and it is imperative that you check it on a regular basis and advise us immediately of any changes to your e-mail address.*

If you have an e-mail address please register it at the Desk and set your system not to block e-mails from the Club. They are not spam!